

## Hello Stewards

Greetings,

Spring 2025 **Stewards' Training registration is now open** – you should have received an email with the registration link and your transcript details. If you haven't registered to take a course yet, I encourage you to do so. Training is a great way to learn new skills and meet other union activists from across the province. **The deadline to register is February 14.** All program details are outlined on the registration form: [ufcw1006a.typeform.com/to/qdcgvbS2](http://ufcw1006a.typeform.com/to/qdcgvbS2)



A date is set for our annual **Stewards' Conference** – mark Saturday, September 20 in your calendar. Registration will open in June. I hope you can make it!

Our next **General Membership Meeting Telephone Town Hall** is scheduled for **Wednesday, April 16 at 7pm.** Once again, we will be holding our contest that awards a tablet computer to a lucky member.

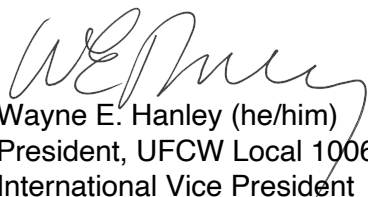
Please take a moment to remove any outdated posters and update your union board with the items enclosed.

### In This Package:

- Black History Month Poster – February
- Repetitive Injury Awareness Day Poster – February 28
- International Women's Day Poster – March 8
- Telephone Town Hall General Membership Meeting Notice – April 16

Thank you for posting these updates to keep our members informed. Please reach out to your union representative with any questions or concerns.

In Solidarity,



Wayne E. Hanley (he/him)  
President, UFCW Local 1006A  
International Vice President

**Member Achievement Awards program reminder.** You are encouraged to consider nominating a member that you feel deserves to be recognized – help us show appreciation for the great work UFCW 1006A members do at work and in their communities. **More details and nomination form:** [www.ufcw1006a.ca/awards](http://www.ufcw1006a.ca/awards)



CELEBRATING

**BLACK**

**HISTORY**

**MONTH**

FEBRUARY

**BLACK LIVES MATTER**



**Wayne E. Hanley**, *President* • **Kevin Benn**, *Secretary Treasurer* • **Glacier Effs-Samuel**, *Recorder*

# Repetitive Strain Injury Awareness Day

**FEBRUARY 28, 2025**

Repetitive Strain Injuries (RSI) are musculoskeletal disorders which are caused by common actions, including pulling, gripping, lifting, reaching, twisting and bending. Often invisible, these injuries worsen when combined with poor working conditions, including little to no recovery time or breaks, fast pace, excessive force or weight, and fixed positions.

If you see any hazards or believe you are at risk for an RSI, please contact your employer, your joint health and safety committee member, your union representative or your union health and safety specialist. Eliminating hazards is key to prevention and we, as workers can play a key role in identifying hazards.

Together, we can ensure healthy and safe workplaces for all.

**Learn More**



**1.800.637.5936**  
**www.ufcw1006a.ca**



**Wayne E. Hanley, President** • **Kevin Benn, Secretary Treasurer** • **Glacier Effs-Samuel, Recorder**

# International Women's Day



*"I am no longer accepting the things I cannot change....  
I'm changing the things I cannot accept."*

**- Angela Davis**

**Wayne E. Hanley**, *President*  
**Kevin Benn**, *Secretary Treasurer*  
**Glacier Effs-Samuel**, *Recorder*

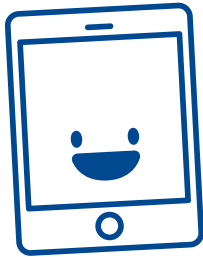


# YOUR UNION IS CALLING



Wednesday, April 16 at 7 pm

## General Membership Meeting



Join us for the latest news  
and information.

**+ Members can enter our contest to win a  
Tablet Computer**

Members will have the opportunity to hear about initiatives of the local union and ask questions.

We will call members' home and/or cell phone numbers to connect you to the meeting.

**Our call will come from "UFCW Your Union"  
1.800.637.5936. – simply pick up to participate.**

If you miss the call, dial in — 1.877.229.8493 and enter ID Code 118307.

**Update your contact info**

[www.ufcw1006a.ca/update](http://www.ufcw1006a.ca/update)  
or 1.800.637.5936



**[ufcw@ufcw1006a.ca](mailto:ufcw@ufcw1006a.ca) • 1.800.637.5936 • [ufcw1006a.ca](http://ufcw1006a.ca)**

**Wayne E. Hanley, President • Kevin Benn, Secretary Treasurer • Glacier Effs-Samuel, Recorder**